

Sports Day

Sports Day is a great day for Fir Farm Primary School. The day is split into KS1 sports in the morning and KS2 Sports in the afternoon. The children have the opportunity to compete in house teams and age groups. It is a great day where all the family are involved.

Swimming

This is an important part of the PE Curriculum and pupils go to Arnos Grove pool for 15 weeks, x 30minutes either in September-February (session 1) or February-July (session 2). At our school, Year 5 swim. They are taught by qualified swim instructors who work for the London Borough of Enfield.

Lunchtimes

In order to ensure children are involved in structured play at lunchtimes, we have trained play leaders who arrange a variety of sporting activities. Some of the sports they cover include rounders, football, hockey and skipping.

Local Sporting Clubs

For sports clubs that have a family and specific youth activities in the area please look up <http://enfieldmaps.google.com/> and type in sporting clubs in your area. If you have an affiliation with any other clubs that may be of interest to children and families at Fir Farm please contact the main School Office.



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Physical Education Primary School



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The Physical Education (PE) Curriculum

PE at Firs Farm

Primary School is a very important part of our curriculum. It is taught for at least 2 hours per week in KS2 and every day in KS1. In the Early Years, we encourage physical activity and a love of the outdoors through having outdoor play everyday. Our indoor

facilities consist of a hall with fixed climbing equipment and a range of portable gymnastics apparatus. Outside, we have a large playground with painted lines for games playing and a playing field.

Below is a map of the PE curriculum across the school.

	T1A	T1B	T2A	T2B	T3A	T3B
YEAR ONE	Gymnastics	Dance	Gymnastics	Dance	Gymnastics	Dance
	Games	Games	Games	Games	Games	Games
YEAR TWO	Gymnastics	Dance	Dance	Gymnastics	Dance	Gymnastics
	Games	Games	Games	Games	Games	Games
YEAR THREE	Dance	Invasion Games	Gymnastics	Dance	Athletics	Athletics
	Outdoor Ed	Gymnastics	Invasion Games	Net / Wall	Striking & Fielding	Athletics
YEAR FOUR	Net / wall	Invasion Games	Gymnastics	Dance	Striking & Fielding	Athletics
	Outdoor Ed	Dance	Invasion Games	Invasion Games	Gymnastics	Athletics
YEAR FIVE	Net / Wall	Invasion Games	Gymnastics	Dance	Athletics	Striking & Fielding
	Dance or swimming	Gymnastics or swimming	Outdoor Ed or swimming	Invasion Games or swimming	Striking & Fielding or swimming	Athletics or swimming
YEAR SIX	Net / Wall	Dance	Gymnastics	Dance	Striking & Fielding	Athletics
	Gymnastics	Invasion Games	Invasion Games	Invasion Games	Athletics	Outdoor Ed

House Teams

We have a house points system and children are given house points at different times for behaviour, attendance, class work, and many other areas. These are totalled up and put towards Sports Day and our special 2012 Olympic week.

The points system has been hugely

successful at raising standards and achievement across the school.

Children get the opportunity to move out of classes and into set teams which they really enjoy. We also have House Captains chosen from both year 6 and year 2 to lead the teams.

PE Kit

It is essential children are well prepared for PE sessions. As children in nursery and reception have time for outdoor play each day, it is encouraged that children wear appropriate footwear and clothing that allows them to move freely.

The PE kit is shorts and T-shirt for indoor PE and tracksuit bottoms, T shirt and trainers for outdoor PE. We encourage bare foot work for gymnastics and dance for safety and high quality.

It is important that every child takes part in PE and wears the appropriate kit.

No jewellery is allowed for PE. For further information on the PE Kit, please look at our website or in our school brochure.

PE Support

Our school benefits from the support of the London Borough of Enfield Physical Education Team who organise inter school competitions and events such as the annual gymnastics competition at the local leisure centre and dance festival at The Millfield Theatre.

The Enfield PE Team also provide professional development opportunities for all staff to support the

teaching and learning in PE.

At Firs Farm school, we try and have as many pupils in the school as possible competing in selected sports and encourage parents to assist with coaching and transporting pupils to matches. Please contact main School Office if you are interested in assisting with extra-curricular activities.

Extra Curricular Activities

We also offer a range of Out of School Hours Learning. These include lunchtime classes and after school sessions. Throughout the year we offer extra classes in sports such as gymnastics, athletics, cross country, basketball, netball and dance. Our school has a girls and boys football team, netball and tag rugby team and compete in leagues and fixtures against other schools in Enfield.

Our league games and other 'friendly' games take place on our school site or at another local primary school.